**Progress Check 2 of the 10 th grade**

**1 Find the odd one out and explain why it does not fit.**

**1** a fringe c pony-tail

 b plaits d tonsils

**2** a chest c dimples

 b wrinkles d eyebrows

**3** a razor c skin cream

 b shampoo d mousse

4 a scruffy c smart

 b trendy d fashionable

**5** a hairdresser c body-builder

 b manicurist d barber

**6** a dyed c cropped

 b bleached d pale

**7** a plump c slim

 b overweight d fat

**8** a stubble b suntan

 c moustache d goatee beard  **(Points: \_\_\_\_)**

 **8\*2 16**

**2 Complete the sentences with adjectives. The first letter of each adjective is given.**

**1** That terrible motel had cheap, t\_\_\_\_\_\_\_ furniture in all rooms.

**2** Olivia’s room is plainly f \_\_\_\_\_\_\_ with a bed and a desk, but it is very cosy.

**3** If you take away these armchairs, the room will look more s \_\_\_\_\_\_.

**4** Look at this dress! Isn’t it a g \_\_\_\_\_\_ colour ?

**5** The castle was turned into a l \_\_\_\_\_ hotel with a swimming pool and big garden.

**(Points: \_\_\_\_)**

 **5\*4 20**

**3 Complete the sentences so that they have the same meaning as the original sentences.**

**1** I’m sure he isn’t English. He \_\_\_\_\_\_\_.

**2** Don’t surf the net after midnight.

My mother told me \_\_\_\_\_\_\_\_.

**3** I’m sure you’re hungry. You \_\_\_\_\_\_.

**4** Will you come to the meeting?

Ellie asked me \_\_\_\_\_\_.

  **(Points: \_\_\_\_)**

 **4\*4 16**

**4 Complete the text with the correct words made from those given in brackets.**

Dear, Dave,

How are you? I’m having trouble finding a job at the moment. I’ve been \_\_\_\_**(employ)** for six months and there aren’t many good career 1.\_\_\_\_\_ **(opportunity**) available. I must have 2.\_\_\_\_ (spend) too much time studying at school because I’m 3.\_\_\_\_\_\_ **(qualify**) for most of the jobs advertised.

I’m not asking for much, just a certain amount of job 4.\_\_\_\_\_ **(satisfy)** – the kind you get from a large salary, a 5.\_\_\_\_\_\_ **(space**) office and frequent business trips where the company pays for me to stay in a 6.\_\_\_\_\_\_**(luxury)** hotel!

Oh well. I’ll just have to keep looking!

Hope you’re OK.

Ph!  **(Points: \_\_\_\_)**

 **6\*4 24**

**5 Read the article. Fill the gaps 1-5 with sentences a-f. There is one extra sentence.**

 **Fit or fat?**

The cheerful Mr Pickwick, the hero of the novel by Charles Dickens, is always shown in illustrations as someone who is plump – and happy. He is also one of Dickens’s wittiest creations. But nowadays being 1.\_\_\_\_\_\_ overweight no longer has such positive connotations. 2.\_\_\_\_\_\_\_

However, doctors are worried that despite these dangers, more and more British people are seriously overweight. What’s worse, the number of children who are overweight before they reach their teens is growing rapidly. 3.\_\_\_\_\_\_

Going on a diet seems the obvious answer, but is it? Not according to England’s chief medical officer, Sir Liam Donaldson. 4.\_\_\_\_\_ And the Health Secretary John Reid even said that not being active is as dangerous for your heart as smoking.

So, how much exercise should you do? According to Sir Liam Donaldson, at least 30 minutes of moderate activity five days a week, is going to the gym the answer? According to a sports psychologist, Professor Biddle, gyms are not making the nation fit. And experts at the Health Development Agency believe that physical activity that fits into peoples lives may be more effective. 5.\_\_\_\_\_\_\_

Indeed, there’s new scientific evidence that too much exercise may actually be dangerous. 6.\_\_\_\_\_\_\_ The only people who should push their bodies to that level of exercise on a regular basis are trained athletes.

One final thought. How come people in the past didn’t have gym facilities and yet were leaner and fitter than people today?

**a** He says that physical activity is the key to reducing the risks of obesity, cancer and heart disease.

**b** Scientists at the University of Ulster have found that if you are not used to aerobic exercise, it may actually be bad for your health.

**c** The problem is so serious that even the government has decided it has to take responsibility for this expanding problem.

**d** They suggest taking the stairs rather than the lift, playing active games with your children, dancing or gardening.

**e** So, it’s probably best to choose which diet is best for you.

**f** Instead, being overweight might mean an increased risk of many diseases, like heart disease or strokes.

 **(Points: \_\_\_\_)**

 **6\*4 24**

  **(My score: \_\_\_\_)**

 **100**

 **Пояснительная записка**

 Контрольная работа № 2 в 10 классе по УМО “Spotlight” состоит 5 заданий .

*Задание №1и 2* проверяют знание  ЛЕ по теме.

*Задание №3*проверяет знания учащимися грамматического материала по темам: «Повествовательные, вопросительные и побудительные предложения в косвенной речи в настоящем и прошедшем времени».

*Задание №4*  проверяют знание учащимися правил на словообразование.

*Задание №5* проверяет знания учащихся в понимании структурно-смысловых связей текста.

**Используемый источник**: УМО “Spotlight” 10 класс (Английский в фокусе)

**Порядок выполнения работы:**

**Оценивание работы:**

**«5» - 100 – 75%                     «4» - 74– 66%**

**«3» - 65 – 50%                      «2» - менее 50%**